

Attend this workshop & start yourself on a
Journey to Excellence

The Journey to Excellence



Take Charge of Your **Life!**

Workshop is strictly for Junior Achievement participants!

Dates 24—29 June 2013, Time: 14h00—17h00, 09h00—12h00 (29th June only)

Venue Harold Pupkewitz Graduate School of Business, Floor 3, Room 3.44

Contact Cynthia Kaimu: ckaimu@polytechnic.edu.na or Brighten Simasiku: bsimasiku@polytechnic.edu.na, +264 (61) 207 2038

Sponsor



Southern Africa Initiative
of German Business – SAFRI

Since its creation in 1996 as a B2B initiative, SAFRI has brought together people from every sector of business and industry in order to draw the attention of German entrepreneurs to the economic potential of the member nations of the Southern African Development Community, SADC.

In parallel, it reaches out to entrepreneurs, management teams, and enterprising individuals in SADC through the *Journey to Excellence Program (J2Ex)*.

Local Organiser

Polytechnic of Namibia (PoN), Centre for Enterprise Development (CED).



PoN recognizes that customized training is imperative to skills development and has over the past years developed learning approaches to support learning and strengthen its involvement in project management through its Centre for Enterprise Development and Research (CED) supported by seven (7) Schools and nine (9) Centres of Excellence.

(CED) was established to spearhead tailor made short courses, initiate research and lead strategies to alleviate poverty, diversify the markets and develop the Namibian labor force. For the past years, the CED has been involved in capacity building initiatives for the public, private and NGO sector.

Overview

Do you just dream, or do you plan and make things happen in a focused way?

In the *Journey to Excellence Program (J2Ex) Take Charge of Your Life!* workshop, you will consider what you really want to achieve in life, and then develop skills that will enable you to formulate focused plans to turn those dreams into reality.

In other words, you will develop a coherent strategic framework for your life, and begin the formulation of action plans to make it happen. The approach parallels the one the J2Ex Program uses to do the same for businesses and organisations; the skills you gain are transferable directly to your professional activities.

In the workshop, you will

- formulate your professional aspirations and dreams into your personal vision,
- consider what you are doing, & what you *could* be doing, to make them happen,
- examine the moral and ethical framework within which you (want to) live and work,
- reflect on the needs, wants and expectations of your stakeholders, and how you can best balance them in your life,
- identify factors critical to your success,
- formulate concrete goals,
- develop strategies and action plans to achieve them.

Facilitator

The workshop will be led by Cynthia Kaimu, SME Development Project Officer at CED. She will be assisted by a strong local team of facilitators.

J2Ex Program Developer Nina Mapili will also be in attendance.

How to prepare

- Consider the future you want for yourself and your family, and what you will do to make it reality
- Research and bring information about requirements, trends and developments in your areas of interest (education, professions...)
- Know what your competition is up to!
- Bring along a pencil and rubber.

Cost

There is no workshop commitment fee. This is a *Special Introductory Offer*, available only for Junior Achievement in order to introduce new facilitators to the market. Participation is limited, so personal attention is guaranteed!

Find out more

Are you still asking yourself if it is really worth your time? Check these out:

Website: www.J2Ex.net for extensive J2Ex program information, calendar of activities, and links.

[J2ExVideoChannel](#) for testimonials, the J2Ex documentary video, and workshop clips.

[J2Ex - the Journey to Excellence](#) for J2Ex activities, pictures, and much, much more.



A dream
is just a dream.
A vision
is a dream with a plan.
A goal
is a dream with a plan
and a deadline.

Take Charge of Your Life!

Agenda

Module 1

Part 1: Introductions; Hopes and Expectations

Registration: sign in, complete participant info sheets, build teams and prepare introductions

Formal Welcomes
Individual and team introductions

Introduction to the workshop and its sponsors
What are your expectations? What can you expect?
Major learning objectives, workshop output, expectations, opportunities.

Part 2: Vision and Values

Envisioning the future
Team skits: The future we will create

What is a vision?
What is your personal vision?
Individual contemplation and formulation of vision.

Values: What are they, and why are they important?
What are your values?
Individual contemplation and formulation of values and examples of values-based actions.

Module 2

Part 3: Stakeholders and Mission

Stakeholders: Who are they, and what do they want/expect of you? How do you balance stakeholders' needs and expectations? *Team discussions and presentations*

What is a mission? Why is it important to have a mission?
What is your mission?
Individual contemplation and formulation of mission.

Part 4: Critical Success Factors, Personal Goals, SWOT

Critical Success Factors: What must you do well in order to achieve your vision?

Goals: What must you achieve in order to proceed toward your vision?
Making Goals SMART: How do you measure success?

Module 3

Part 5: SWOT and Strategising

SWOT. What are your personal Strengths and Weaknesses? What Opportunities do you have, and what Threatens your success? *Individual contemplation and formulation.*

Strategy and Critical Thinking: How will you achieve your goals and vision? *Strategy exercise*

What strategies are you currently following?
What alternative strategies could you be?
Individual contemplation & formulation of personal strategies.

Module 4

Part 6: Pulling it all together

Individual preparation and presentation of your Strategic Framework

Dream in colour, then make a plan!

Select individual presentations: action plans

Closing session

"Very thought provoking workshop that stretched me to new heights with goal formulation and alignment, on a personal level"
Rebecca Mackett—Soft Touch Events (SA)



A TCYL Workshop March 2013 Windhoek, Namibia



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J2Ex - The Journey to Excellence



SAFRI

The Journey to Excellence

The Journey to Excellence

Introducing a new paradigm of excellence -
to entrepreneurs, management teams & individuals

SAFRI

Since its creation in 1996 as a B2B initiative, SAFRI, the Southern Africa Initiative of German Business, has brought together people from every sector of business and industry in order to draw the attention of German entrepreneurs to the economic potential of the member nations of the Southern African Development Community, SADC.

In parallel, it reaches out to entrepreneurs, management teams, and enterprising individuals in SADC through the *Journey to Excellence Program (J2Ex)*.

The Chairman of SAFRI is Prof. Juergen E. Schrempp, retired Chairman of Daimler-Chrysler AG.

Introducing a New Paradigm of Excellence

The Journey to Excellence (J2Ex) Program promotes entrepreneurial thinking and organisational excellence, thereby helping to create jobs, raise the standard of living, and generate and improve business opportunities. Its multi-part, multi-level curriculum integrates best practices and lessons learned over the course of our long history of working with entrepreneurs and people wanting to lead an enterprising life. Various workshops provide entry points into the program.

In addition to working with individuals, the J2Ex program caters to the needs of businesses and organisations with differing levels of organisational maturity. One that diligently continues its *Journey* over time, through the various steps, can progress to levels of

excellence that compare well with international benchmarks.

"We have a very pragmatic approach," says J2Ex developer Nina Mapili. "It's all about supporting people, teams, businesses and organisations in their quest to turn dreams into reality. In doing so, we introduce them to new ways of thinking, and to a new paradigm of Excellence."

At the same time, we recognise that it isn't just the mindset—it is also about the tools and methodologies one employs. So besides being challenged to embrace Excellence, workshop participants always go away with a "toolbox" designed to support their Journey.

See: www.j2ex.net



"In 2003, I attended a SAFRI workshop.

This marked the beginning of our transformation into a one-stop freight company. Over time, we learned to develop a strong strategic focus and implement robust plans to achieve our goals.

We have been quite successful as a result."

Eddie Kaluwa

MD, Combine Cargo (MW) Ltd, Blantyre, Malawi

See an interview with Eddie here:

<https://www.youtube.com/watch?v=J5Xywn-goOc>



SAFRI

The Journey to Excellence

It's all about competitiveness & sustainability

The Journey to Excellence

At the core of the *Journey to Excellence* Program are two intertwined workshop series: *Preparing to Excel* & *Assessing Excellence*.

Preparing to Excel

The *J2Ex Preparing to Excel* series workshops are dedicated to assisting businesses, organisations, teams and individuals to take important steps on their *Journeys to Excellence* by developing and implementing solid strategic frameworks and strategic plans.

Take Charge of your Life! (TCYL) workshops focus on the individual. They are well-suited to managers, aspiring entrepreneurs, and any other people aspiring to leading an enterprising life.

Take Charge of your Business! (TCYB) workshops are for owners and management teams of businesses that do not yet have clearly-formulated vision, mission, values, goals, and strategies *in place and implemented*. It is also well-suited for people who are in the process of starting a business.

Take Charge of your Organisation! (TCYO) workshops are similar to TCYB, but are for management teams from not-for-profit organisations.

Take Charge of your Project! (TCYP) workshops help teams and individuals put their projects on a solid footing.

Strategic Alignment and Strategic Planning workshops are for more mature organisations wanting to review and improve on their strategic alignment, and develop and implement robust strategic plans. They are also good preparation for workshops in the *Assessing Excellence* series.

Assessing Excellence

The *Journey to Excellence* engages entrepreneurs, MDs/CEOs and their management teams in a process that initiates a robust cycle of continuous improvement - if followed over time. As with any other journey, though, travellers want to know periodically how far they have progressed. The workshops in the *Assessing Excellence* series provide them with the means to measure their progress—always at a level of rigour appropriate to the organisation's level of maturity.

With the assistance of the facilitator, all assessments are done by the managers/entrepreneurs themselves, using the EFQM Excellence Model, a globally respected management tool. It enables them to very objectively and holistically assess their company's performance excellence relative to good and best practices, determine strengths and areas for improvement, and identify key improvement opportunities.

Find us on the internet



Stay up to date on the latest J2Ex Program developments - visit and "like" us on Facebook:

[J2Ex - The Journey to Excellence](#)

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See our website: www.J2Ex.net

SAFRI Office

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The Journey to Excellence

Nina Mapili developed the *Journey to Excellence* program and manages its implementation through SAFRI. She has been working with businesses and organisations in SADC since 1997, and has organised, initiated and facilitated excellence- and entrepreneurship-focused workshops and other events in 11 SADC countries.

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STEP

The Student Experience Program offers internships in German companies for highly qualified students/recent univ. graduates.

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"I thought I knew
about strategic positioning of
business...
until I learnt how to
strategically position mine."

Modesta Lilian Mahiga
MD, Professional Approach Group
Dar es Salaam, Tanzania

